

MILTON OLD FRIENDS SLO-PITCH LEAGUE

MISSION STATEMENT AND RULES

(Revised August 3, 2026)

MISSION STATEMENT

The Milton Old Friends League (MOFL) has been founded for the express purpose of providing a safe and friendly venue for men forty-eight (48) years of age and older to enjoy the game of Slo-Pitch. The spirit of fair play, sportsmanship and respect for fellow players and opponents shall be the guiding principles by which the games shall be played, and the league shall be governed. The enjoyment of participation and fellowship with all members of the league will take precedence over winning or losing. The right of equal playing time, regardless of ability, shall be guaranteed to all members of the league. We will dedicate ourselves as a league to achieve the highest possible standards of fraternity and enjoyment for each and every one of our members.

FIELD AND PLAYING RULES

Slo-Pitch National rules and regulations will generally apply. (See page 7 for SPN 2023 Rules Changes and notation on the change we are not following.) MOFL rules are as outlined.

GENERAL RULES

1. Players must be a minimum of forty-eight (48) years of age during the current calendar year. MOFL is open to all players 50 years of age or more regardless of ability. The Executive, however, has the right to prohibit participation of any player who, in the estimate of the Executive may pose a liability to himself, other players or the league.
2. Any participant may use C.S.A. league approved helmets. Players must provide their own helmet.
3. Anyone engaging in a fight will be automatically suspended for four (4) games and subject to a review by the league Executive to determine if further action is appropriate. A second occurrence will be automatic suspension for the balance of the season. A further review by the league Executive will determine the player(s) eligibility for the following season.
4. Alcoholic beverages and substance abuse will not be permitted on the playing field and will result in automatic ejection from the game. A player who arrives intoxicated will not be permitted to participate. Any player ejected from the game will not be permitted to sit on the bench and is automatically suspended for the next game. Further discipline may be forthcoming from the league Executive.
5. BLOOD RULE: For the safety of all members, any player who is bleeding, or has blood on his clothing or equipment must not participate in the game until the bleeding is controlled and the soiled clothing/equipment is diluted with water. The player may return to the game once the situation is rectified, taking his normal spot in the line-up. The team is not penalized in any way during his absence.
6. All players must wear team jerseys to be eligible to participate in a game. Exceptions may be granted if both Team Managers and/or Assistant Managers agree. Alterations to league issued team jerseys are not permitted.
7. For your own safety, as well as others, we strongly recommend that jewellery be removed.

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8. Umpire protests will not be allowed. Decisions of the umpires will be final. However, on contentious issues, it is recommended that both Team Managers and/or Assistant Managers confer with the umpire on a decision.
9. Batting order is followed as per the line-up.
10. The defensive team will use a maximum of eleven players in the field. The rules for sitting players out defensively are as follows:
 - a. No player shall sit out a second inning until each player on the team has sat out an inning.
 - b. No player shall sit out a third inning until each player on the team has sat out two innings.
 - c. If a player sitting out must replace an injured player part way through an inning, the replacement player shall be deemed to have sat out the whole inning.
11. No infield or outfield warm-up after the 1st inning.
12. New pitchers will be allowed 5 warm-up pitches.

ATTENDANCE

1. Any player missing two (2) consecutive games without informing his Team Manager and/or Assistant Manager, may be dropped from the roster and an alternate taken from the reserve/waiting list. The Team Manager and/or Assistant Manager will advise the Executive, who will review the situation and make a final decision for a replacement.
2. Attendance records must be kept on the score sheet. Periodic review by the Executive will be done to highlight potential problems.

TEAM GUIDELINES AND RESPONSIBILITIES

1. Each team consists of a minimum of thirteen (13) players – eleven (11) on the field defensively, five (5) of which must be positioned on the “outfield” grass (or facsimile) when the ball is pitched. Should an infraction be seen and called by the umpire, a “no pitch” shall be called. This will result in a ball added to the batter’s count. A second occurrence during the same at bat will result in the batter being awarded first base.
2. Any team losing players during the season, prior to July 15th, must replace them from the waiting list, if available, in the order in which they appear.
3. The Team Manager and/or Assistant Manager is responsible for preparing the batting order prior to the game. It is also important that the score sheet be kept accurate during the game.
4. Only Team Managers and/or Assistant Managers will speak with the umpires concerning rule interpretation.
5. Each team is responsible for keeping their own score.
6. The home team is responsible for the diamond set up. Exception is for the Playoff Round Robin, when the team with the lower standing in the Regular Season sets up the diamond.
7. One paid umpire will be supplied for each Regular Season game. If the paid umpire is unavailable, the team at bat will supply a competent team member to umpire.

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8. It is the responsibility of the Team Manager and/or Assistant Manager to ensure that any team member who appears unfit to play, due to alcohol/drug abuse, does not play.

DIAMOND SET UP

1. Bases are to be set sixty-five (65) feet apart (from the back tip of the permanent home plate).
2. All bases must be fastened down. First base is a dual bag – orange and white. The centre is aligned with the baseline, leaving the orange bag in foul territory and the white bag in fair territory.
3. The commitment line will be thirty (30) feet from home plate (corner closest to third base).
4. The Safe Line will be drawn from the front left corner of the wooden plate in a straight line to the backstop.
5. The pitcher's box will be measured in two (2) lines from the back tip of the permanent home plate. The first line will be drawn at fifty (50) feet with the back line at fifty-six (56) feet. Both lines will be centred with home plate and second base.

GAME GUIDELINES

1. Games start at 6:45 pm with no grace period. No inning can start after 8:15 pm. Games are seven (7) innings. In the event of a tie, there will be no extra inning; each team will receive one (1) point. Any player showing up late for the start of a game will be placed at the bottom of the team's batting order, with no additional penalty.
2. In the event of inclement weather, the Team Managers and/or Assistant Managers will determine if the field is suitable and safe to play. If the game is called prior to starting, the number of players at the park at that time will not have a bearing on the (tie) result.
3. An official game will consist of a minimum of 3 ½ innings if the home team is ahead.
4. Should a game end prior to the seven (7) innings being completed, the score at the end of the last complete inning will be the final score.
5. A team with less than eight (8) players at the start time will forfeit. Should both teams be short, it will be a double default.
6. Mercy Rule: Teams can score a maximum of 6 runs in innings 1 - 6. A team losing by ten (10) runs or more after five (5) innings may concede.
7. The last inning is open – no mercy.
8. A team with between 8 and 10 players will be allowed to borrow players from the opposing team to fill the vacant defensive positions, when they are in the field.
9. The game score and the name of the paid umpire behind the plate scores must be texted to the Umpire-In-Chief by the winning Team Manager and/or Assistant Manager within 1 hour of the completion of each game played at the Maplehurst ball diamond.
10. Tie-Breaker: (see SPN Rule). For the Playoff Round Robin, the maximum run differential is seven (7) runs. The home team bats at the bottom of the seventh inning unless up by seven (7) or more.

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PITCHING

1. The ball must be pitched underhand with a minimum height of six (6) feet to a maximum height of twelve (12) feet. The pitcher will be required to have one foot in contact, or within the box as defined in #5 of the DIAMOND SET UP.
2. At the discretion of either umpire, a violation will be called, "ILLEGAL PITCH" or "NO PITCH" while the ball is still on its way to the batter. This will result in a ball being added to the count, unless the batter swings at the pitch. Should he do so, the ball is in play, and the result of his action takes precedence.

BATTING

1. All batters must hit in the order of the line-up.
2. A player may leave and re-enter the game due to injury, but if he misses his turn at bat, he is out of the game (blood rule exception).
3. No bunting allowed. - the result of a player bunting the pitched ball is the batter is called out.
4. Fourth strike foul – batter is out.
5. A foul batted ball caught by the catcher will be ruled an out regardless of the height and count.
6. Should a batter swing at a pitch with his back foot ahead of the front corner of home plate, he will be called out even if contact is not made. This rule is to protect the pitcher.
7. Infield Fly Rule: There must be runners on first and second base or the bases loaded with less than two (2) out and the batter hits an easily catchable fly ball to an infielder. While the ball is still in the air, the umpire calls, "Infield Fly, Batter is Out." The ball is live and the runners can advance at their own risk. Should the ball be close to the foul line, the umpire should call out, "Infield Fly if Fair." In this case if the ball hits the infielder in foul territory and falls to the ground, it is simply a foul ball with a strike added to the batter's count.
8. A batted ball that hits home plate is a foul ball.
9. The batter cannot change sides at the plate during the same time at bat, otherwise he will be called out.
10. A foul ball is determined by the position of the ball in relation to the foul line, when first touched by a fielder. The fielder's glove or feet position has no bearing.
11. Only league issued bats will be allowed during the game. Anyone using an illegal bat will be called out.

BASE RUNNING

1. No leadoffs from any base are allowed. The runner is out, and the ball is dead if, on a pitched ball, the base runner leaves the base before the ball is hit by the batter.
2. (a) MOFL utilizes safety bags on first base. If a play is made to first base, the batter-baserunner's first attempt to reach first base must be to touch the orange base. If he touches the white base in these situations, he is out, but if the fielder touches the orange base, he is safe. If there is no play at first base, the batter-baserunner may touch either base.

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In situations where a collision and possible injury are a concern, the umpire at his discretion may make the out or safe call based on who touches either the orange or white base first.

(b) The batter-baserunner cannot be thrown out at first base by an outfielder. The batter-baserunner also cannot be thrown out at first base by an infielder on a ball that touches the outfield grass or on a ball relayed from an outfielder.

3. Third Base Commitment Line: Once the runner touches or passes the line, he must continue to home plate.
4. (a) Pinch runners are allowed anytime for anyone. However, each player may only be a pinch runner once per inning and a maximum of 3 times per game.

(b) Pinch Runners from Home must have both feet behind a line drawn in foul territory extending the third baseline towards the fence.

(c) If the Pinch Runner from Home crosses the extended line in advance of contact being made by the Batter, the Batter is out.

(d) Upon the Batter making contact, the Pinch Runner from Home (with exception of an out-of-the-park-homerun) may advance to 1st base only. Other base runners may advance beyond the next base at their own peril. If the Pinch Runner from Home fails to reach 1st base (including batter striking out) that attempt will count towards his maximum of three pinch runner substitutions per game.
5. All runners attempting to score must touch the ground, on or past the Safe Line at home plate. Touching the home plate board is an automatic out, unless the runner touches the plate in an attempt to avoid a collision. Conversely, the defensive player must be in contact with home plate, with the ball in control prior to the runner crossing the line drawn at home plate, for the out to be called. Under no circumstances is there to be contact between the runner and defensive player at home plate. Hence, tagging the runner after crossing the commitment line will not be valid and sliding across the Safe Line at home is not allowed and the runner is out.
6. On a batted ball, if a player throws his glove and makes contact with the ball, three (3) bases will be awarded. On a thrown ball and contact is made, two (2) bases will be awarded.
7. On a ball hit fair which then goes out of play, all runners will advance two (2) bases.
8. If the umpire deems that a defensive player deliberately knocked the ball out of play, he may award two (2) or more bases.
9. While off a base, if a runner is hit by a fair batted ball before or while passing in front of an infielder, the runner is out. But, if a runner is hit by a fair batted ball before or while passing behind an infielder and no other infielder is in position, then the runner is not out, and the ball is in play.
10. A runner is out if he runs more than three (3) feet outside the established base path.
11. A runner is not out if he runs outside the baseline to avoid interfering with the fielder fielding a ball.

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ROUND ROBIN PLAYOFFS, TIE-BREAKERS

ROUND ROBIN PLAYOFFS

1. The regular season final standings will determine which is the home team, with the first-place team having home field advantage throughout the Round Robin playoffs and the last place team being the visitor throughout. Visiting teams will set up the field prior to the game.
2. All games will be umpired by paid umpires or league members assigned by the Executive.

TIE-BREAKERS WITH TWO TEAMS

1. Head-to-head winner.
2. Best run differential.
3. Flip a coin.

TIE-BREAKERS WITH THREE OR MORE TEAMS

1. Best won/lost record between teams tied.
2. Best run differential between tied teams.
3. Best run differential between all teams.
4. Least runs against between tied teams.
5. Most runs for between tied teams.
6. Least runs against between all teams.
7. Most runs for between all teams.
8. Flip a coin.

ADDENDUM - SPN 2023 - 2026 RULES CHANGES

EQUIPMENT

RULE 2 SEC 8 (pg. 11)

All pitchers are required to wear a pitching mask.

The MOFL league will not enforce this rule during the 2026 season and will leave the decision to the discretion of the active pitchers in each scheduled game. The MOFL league has two pitching masks available at each game for a pitcher to wear during the game, if they chose to wear one.

If a pitcher decides to not wear a pitching mask, they must first sign the MOFL Pitcher's Protective Equipment Waiver. If a pitcher has not signed a copy of the waiver, they must wear a pitching mask when pitching in all scheduled MOFL games.

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PITCHING

RULE 6 SEC. 3C (pg. 27)

Once the pitcher is in the pitchers position the ball must be delivered within 5 seconds. The pitcher must deliver the ball from a standing position, and the windup must be in a continuous motion and may not include a stop or reversal of the pitching motion. The pitcher must release the ball on the first forward motion of the pitching arm.

Juking not allowed

APPEALING WHILE BALL IS LIVE

RULE 6 SEC. 8 (pg. 28)

Any team may appeal a baserunner once. The ball is live and all baserunners may advance with liability of being put out.

APPEALING WHILE BALL IS DEAD

RULE 6 SEC. 9 (pg. 28)

Once the ball has been returned to the infield and "TIME" has been called by the umpire, or the ball becomes dead, any team, with or without possession of the ball, may make a verbal appeal on a runner missing a base or leaving a base prior to a ball being caught. The appropriate umpire must acknowledge the appeal and then make a decision on the play. Baserunners may not leave their bases during this appeal process, as the ball remains dead until the umpire calls "PLAY BALL".

BATTING - HOME RUN

RULE 7 SEC. 10C (pg. 32)

When the umpire declares a Home Run or Four Base Award, the batter proceeds directly to the team bench. All on base runners also proceed directly to their bench. All runs are added to the team score.

Walk Off/Hit and Sit.